

**COURSE OBJECTIVES AND COURSE OUTCOMES**

**DEPARTMENT OF PHILOSOPHY**

**B.A (PROGRAMME) – CBCS SYLLABUS IN PHILOSOPHY**



The department of philosophy follows the CBCS syllabus as mandated by the affiliating University. The three year under Graduate Course (spread over six semesters) in philosophy initiates students to Fundamentals of Indian Philosophy, Logic (Western), Western Epistemology and Metaphysics, Western Ethics, Philosophy of Religion, Socio-political Philosophy. Moreover, the B.A Programme in philosophy also offers Generic Electives (GE) to students from non-philosophy background so as to make them inculcate a philosophical bent of mind which is going to help them in whatever academic field they have chosen to study.


The study of philosophy helps us get ability in critical thinking skills so that students be able to think analytically and demonstrate creative thinking, innovation, evaluation and synthesis of information. Moreover, students will effectively develop, interact and express ideas through written, oral and visual communication.

**Semester-I**

**PHI-DSC 1- Paper I: Fundamentals of Indian Philosophy**

**Course Objectives:**

- The Fundamentals of Indian Philosophy concerned with the different views of traditional Indian Philosophical Schools namely Carvaka, Nyaya, Vaisheshika, Buddhism Samkhya etc. The objective of this course is to make students familiar with these intellectual traditions.
- This course is designed to introduce students with the theoretical as well as practical dimensions of yoga. Its aim is to encourage the students to practice yoga regularly.
- The course outcome of this paper is to learn the nature of Indian philosophy, distinction between the Astika (Orthodox) and Nastika (Heterodox) Schools.
- The course outcome is to critically explain and examine, Carvaka materialism, Four Noble Truths of Buddhism, Theory of Dependent Origination.

  
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**Course Outcome:**

- After completion of the course the learners will be able to apply relevant philosophical concepts in real world situations.
- Students should be able to identify the very fundamental structure of Indian Schools of philosophical thoughts.
- Students also aware of Indian philosophical concepts karma, causation, rebirth moksa or liberation etc.
- The course will help the students in understanding the significance of Indian philosophical studies in their day to day life.

**Semester – I**

**Generic Elective Course**

**PHI-GE 1- Paper I: Fundamentals of Indian Philosophy**


**Course Objectives:**

The Fundamentals of Indian Philosophy concerned with the different views of traditional Indian Philosophical Schools namely Carvaka, Buddhism, Nyaya, Vaisesika, Samkhya and Yoga. The objective of this course is to make students familiar with these intellectual traditions.

**Course Outcome:**

After the completion of the study of this paper student an in-depth understanding about ---

- Carvaka epistemology, Metaphysics and Ethics
- Pramanas of Nyaya philosophy
- The seven categories (Padarthas) of Vaisesika School
- The very fundamental structure of Indian schools of philosophical thoughts
- The concept of yoga and its theoretical as well as practical dimensions

  
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**Semester -II**  
**PHI-DSC 1- Paper II: Logic (Western)**



**Course Objectives:**

- This paper deals with logical concept, principle and procedures to make sound arguments.
- Western logic introduces the student to the basic concept of logic, namely, sentence, proposition, arguments, truth and validity, syllogistic arguments, rule and fallacies, categorical syllogism, testing arguments by Venn diagram, Boolean interpretation of categorical proposition, conversion and obversion, traditional square of opposition, inductive logic.
- Students not only acquired knowledge of traditional Aristotelian logic but also symbolic logic – the use of symbols, the truth function and using truth- tables for testing the validity of arguments and statement – forms.

**Course Outcome:**

- After successfully completing this paper, the student should be able to get a broader concept about the main objective of logical reasoning.
- Students will learn the basic concept of logic, sentence, statements, propositions and arguments.
- Students also learn existential Import of proposition, deduction and induction, analogy.
- Logic helps students to develop a critical and logical mental attitude. Not only that, logic also helps students in making rational judgments.

**Semester -II**  
**Generic Elective Course**  
**PHI-GE 1- Paper II: Logic (Western)**

**Course Objectives:**

Students first learn the primary topics – sentence, proposition, argument, truth and validity and comprehend the details of –

- Traditional square of opposition
- Distribution of terms, existential Import of propositions, Boolean interpretation of categorical proposition, details of immediate inference.
- Symbolic logic : truth table method for testing arguments
- Categorical syllogism: testing syllogism for validity, testing arguments by Venn diagram.

  
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### Course Outcome:



- After successfully completing this paper, the student should be able to get a broader about the main objective of logical reasoning.
- Logic helps students to develop a critical and logical mental attitude.
- The study of logic enriches one's thinking skill.

### Semester- III

### PHI-DSC 1-Paper III: Western epistemology and metaphysics

### Course Objectives:

The course of western philosophy concerns with the rationalist view of substance and empiricist view of substance, theories of the origin of knowledge, Kant's critical theory, realism and idealism as the theories of reality, mind- body problem etc. Basically this course is designed to develop the philosophical knowledge and trends students to develop philosophical thoughts. This course also analysis Leibnitz theory of 'Monads' pre-established harmony. It allows the thoughts of the students to modernity.

### Course Outcome:

- After successfully completing this course, the students should be able to get acquainted with the epistemological and metaphysical theories of the Western philosophers like, Socrates, Plato, Rene Descartes, Spinoza, Leibnitz, Locke, Berkeley, Hume and Kant.
- Students should be able to recognize the real characteristic of knowledge i.e., what is knowledge proper, how do we know, what is the justification of knowledge and conditions of knowledge etc.
- The student can also explore the important philosophical theories like, Scientific Realism, Subjective Idealism, Entailment theory, Regularity theory etc.
- This paper helps to develop strong knowledge base of philosophical enquiry and criticism.


### Semester: III & V

### Skill Enhancement Course

### PHI-SEC-Paper I: Basics of Counseling

### Course Objectives:

- The basics of counselling are concerned with basic concept of mental health, area and scope of counselling, basic skills of counselling.

  
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- This course also concerned with some major ethical issues of counseling.

#### Course Outcome:

- After successfully completing this paper, the students should be able to get a broader concept about mental health, basic skill of counselling.
- Students also learn some major ethical issues of counselling. Thus students are hence given proper guidance on how to deal with psychological problems which can badly impact their studies.


### Semester – IV PHI-DSC 1 – Paper IV: Western Ethics

#### Course Objectives:

- The objective of this course is to introduce students to basic ethical or moral theories which enhance their decision making capabilities.
- Quotes of western ethics mainly introduce ethical principles and concepts which will help Student's behaviour and actions in social sphere.
- Moral and non-moral actions, utilitarianism and hedonism, Kant's categorical imperative are also present in this course.
- The course is also concerned with different type of punishment theories and also explains the application of ethical principles of social life. Theory of 'Euthanasia' describes taking human life is really justified or not.

#### Course Outcome:

- The study of Western Ethics helps a student to gain the ability so that they can make themselves to become a proper social being.
- Students also be able to apply the concept of moral and non-moral actions as well as the difference between motive and intention in their everyday life.
- The students after having run through basic ethical or moral theories gain a much better orientation from the ethical perspective.
- After completion of the study of this paper To understand the concept of be able to understand and interpret socio-cultural aspects with a more rational basis.

  
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**Semester: IV & VI**  
**Skill Enhancement Course**  
**PHI- SEC 1 – Paper II: Critical Thinking**



**Course Objectives:**

- To understand the philosophical concepts of Rasbihari Das
- To understand the concept of Vada
- To understand the concept of Jalpa
- To understand the concept of Bitanda
- To understand the concept of Tarka
- To understand the concept of Doubt or Samsaya

**Semester: V**  
**PHI-DSE 1 – Paper I: Philosophy of Religion**

**Course Objectives:**

- To understand the problem and scope of the philosophy of religion
- To understand the origin of religion in the light of anthropology
- To understand the psychological origin and development of religion
- To understand the concept of humanism in the form of religion
- This paper also discuss proofs for existence of God and summary of different religions, namely, Hinduism, Buddhism, Islam, Christianity, Universal Religion.

**Course Outcome:**

- After completion of the course the learners get acquainted with various religious systems of the universe, their key concepts, beliefs and their historical-geographical concepts.
- Students also are aware of the different characteristics of Religion and their common internal value systems.
- After successfully completing this paper, the students will acquire a general understanding of religious issues. The students also learn to think critically about various religious issues.

  
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**Semester – VI**  
**PHI – DSE 1 – Paper II: Socio-political Philosophy**




**Course Objectives:**

- From this course the students will learn about the nature and scope of social and political philosophy
- This course basically covers the primary concepts of social and political philosophy like society, community, social group, social class and caste.
- The Socio- Political philosophy deals with theory of justice, ideas of freedom, liberty and equality.

**Course Outcome:**

- After successfully completing this paper, the student should be able to get a broader concept about the nature and scope of social and political philosophy, social class and caste, Ideas of Freedom, Justice, meaning and nature of Secularism.
- The content above allows the students to understand the political thought and its work of philosophy in it.

  
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## Programme Specific Outcomes (PSOs) and Course Outcomes (COs)

**Name of the Department: Physical Education**


### Programme Specific Outcomes (PSOs)

Programme offered by the Department	Outcomes
B.A./B.Sc Programme Course (General)	<p>On completion of the Programme, the students would be able to (in 150 words):</p> <p>PSO1: Students will develop critical-thinking skills necessary to understand, analyze, and produce knowledge specific to Physical Education, Health and Sports Science.</p> <p>PSO2: Select and create learning experiences that are appropriate for curriculum goals, relevant to learner, show evidence of sequential learning in corporate modifications for variations in learning styles and performance based on the principles of effective learning.</p> <p>PSO3: Competence in movement skills, analyze the performance of motor skills particularly team and individual sports activities and rhythms.</p> <p>PSO4: To describe and apply physiological and biomechanical concept related to skillful movement, movement patterns, motor development and motor learning.</p> <p>PSO5: To maintain a health enhancing level of fitness throughout the program as well as be able to collect and analyze personal fitness data.</p>

‘Outcomes’ means the kind of knowledge and skill acquired by the students on completion of the Programme.

### B.A./B.Sc Programme (General)


Semester	Course Code	Course Title	Outcomes (in 100 words)
I	DSC1	Foundation and History of Physical Education	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the meaning, nature, scope and aims of Physical education.</li> <li>• Discuss the meaning and scope of Physical educational &amp; Sports.</li> </ul>

  
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			<ul style="list-style-type: none"> <li>• Explain the factors of Physical education and their relationships.</li> <li>• Explain the concept of growth development.</li> <li>• State the educational Philosophies of Yoga Pranayama, Hatha yoga &amp; Patanjali yoga sutras</li> </ul>
II	DSC2	Management of Physical Education and Sports	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the meaning, nature, scope and aims of Sports Management</li> <li>• Define the types of tournaments.</li> <li>• Explain the method of calculation of Athletic Track and field</li> <li>• Explain the concept of importance, care and maintenance of sports equipments.</li> <li>• Define leadership &amp; qualities of good leader in Physical Education.</li> </ul>
III	DSC3	Anatomy, Physiology and Exercise Physiology	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the meaning, scope and aim of Anatomy, Physiology and Exercise Physiology.</li> <li>• Classify the location of bones and joints, Anatomical differences between male and female.</li> <li>• Explain the mechanism of blood circulation through heart.</li> <li>• Explain the factors of blood pressure, Athletic Heart and Bradycardia</li> <li>• Explain the concept of effect of exercise on respiratory system.</li> </ul>
IV	DSC4	Health Education, Physical Fitness and Wellness	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the meaning, nature, scope of dimension of Health.</li> <li>• Discuss the meaning and scope of objectives and principles of Health Education.</li> <li>• Explain the factors of Nutritional requirements for daily living, Balanced diet &amp; Athletic diet.</li> <li>• Explain the concept of management of sports injuries- Sprain, Strain, Fracture and Dislocation.</li> </ul>

  
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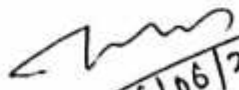
			<ul style="list-style-type: none"> <li>• Explain the concept of management of sports injuries through the application of Hydro-therapy and Thermo-therapy.</li> </ul>
V	DSE1	<p>a) Tests, Measurements and Evaluation in Physical Education</p> <p style="text-align: center;">OR</p> <p>b) Sports Training</p>	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the Concept of test, measurement &amp; Evaluation.</li> <li>• Discuss the meaning and scope of Criteria of good test.</li> <li>• Explain the Concept of method of measurement of body Fat.</li> <li>• Explain the concept of Kraus-Weber Muscular Strength Test.</li> <li>• Discuss the method of Lockhart and McPherson Badminton Skill Test</li> </ul> <p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the Aim and characteristics of Sports Training.</li> <li>• Discuss the Training Methods i.e; Circuit Training, Interval Training &amp; Weight Training.</li> <li>• Explain the factors of training load.</li> <li>• Explain the causes, symptoms and tackling of over load.</li> <li>• Describe the means and methods of strength development.</li> </ul>
	GE Paper 1	Modern trends in Physical Education and Sports Sciences	<p>After completion of the course the learners will be able to:</p> <ul style="list-style-type: none"> <li>• Explain the meaning, nature, scope and aims of Physical education.</li> <li>• Discuss the Difference between physical fitness and motor fitness.</li> <li>• Explain the factors affecting growth and development.</li> <li>• Explain the concept of Social values and their Importance of Socialization through Sports</li> <li>• Discuss the effects of short and long term exercise on Circulatory System.</li> </ul>

  
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VI	DSE2 (Option to opt any one Paper)	a) Psychology in Physical Education and Sports	After completion of the course the learners will be able to: <ul style="list-style-type: none"><li>• Explain the concept, nature, scope and uses of Psychology in Physical education.</li><li>• Explain the theories of learning and Laws of learning.</li><li>• Describe the type and factors affecting transfer of learning.</li><li>• Explain the importance of motivation in Physical Education and Sports.</li><li>• Discuss the management of Stress and Anxiety through physical activity and sports.</li></ul>
		OR	After completion of the course the learners will be able to: <ul style="list-style-type: none"><li>• Explain the meaning, scope and aims of Kinesiology and Biomechanics in Physical Education and sports.</li><li>• Discuss the meaning of centre of gravity, axes and planes of motion,</li><li>• Explain the Analysis of fundamental movement</li><li>• Explain the relationship between linear and angular motion.</li><li>• Discuss the principles of conservation of movement and principles of counter action.</li></ul>
	GE Paper 2	Health Education and Tests & Measurements in Physical Education	After completion of the course the learners will be able to: <ul style="list-style-type: none"><li>• Explain the meaning, nature, scope of dimension of Health.</li><li>• Discuss the meaning and scope of Health disorders due to deficiencies of Vitamins and Minerals.</li><li>• Explain the factors of Nutritional requirements for daily living, Balanced diet &amp; Athletic diet.</li><li>• Explain the concept of management of sports injuries- Sprain, Strain, Fracture and Dislocation.</li><li>• Explain the concept of Lean Body Mass (LBM) - and method of measurement.</li></ul>

  
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- Understand Trekking/Hiking/Camping/Rock climbing/ Artificial Rock Climbing

IV / VI

SECP2

IV- Track and Field /


After completion of the course the learners will be able to:

- Perform Standing start and Crouch start (its variations) use of Block.
- Perform Baton Holding/Carrying, Baton Exchange in between zone, and Finishing. (Visual & non Visual)
- Perform Long Jump: Approach Run, Take-off, Flight in the air (Hang Style/Hitch Kick) and Landing.
- Perform Shot put: Holding the Shot, Placement, Initial Stance, Glide, Delivery Stance and Recovery (Perry O'Brien Technique).
- Perform Rules and regulations of Athletics, use of score sheets and officiating.

Ball Games (any two)  
Football/Handball/Basketball/  
Volleyball/ Netball/ Throw  
ball

After completion of the course the learners will be able to:


- Perform Kicking: Kicking the ball with inside of the foot, kicking the ball with Full Instep of the foot, kicking the ball with Inner Instep of the foot, kicking the ball with Outer Instep of the foot and Lofted Kick.
- Perform Catching, Throwing and Ball control, Goal Throws: Jump shot, centre shot, Dive shot, Reverse shot.
- Perform Passing: Two hand Chest Pass, Two hands Bounce Pass, One hand Baseball Pass, Side arm Pass, Overhead Pass, Hook Pass.  
Receiving: Two hand receiving, one hand receiving, Receiving in stationary position, receiving while jumping and receiving while running.

  
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			<ul style="list-style-type: none"><li>• Perform Service: Under arm service, Side arm service, Tennis service, Floating service Pass: Under arm pass, Over head pass. Spiking and Blocking.</li><li>• Perform Skills in Raiding: Touching with hands, Use of leg-toe touch, squat leg thrust, side kick, mule kick, arrow fly kick, crossing of baulk line. Crossing of Bonus line.</li><li>• Perform Skills in Chasing: Sit on the box (Parallel &amp; Bullet toe method), Get up from the box (Proximal &amp; Distal foot method), Give Kho (Simple, Early, Late &amp; Judgment), Pole Turn, Pole Dive, Tapping, Hammering, Rectification of foul.</li><li>• Perform Basic Knowledge: Various parts of the Racket and Grip. Service: Short service, Long service, Long-high service.</li><li>• Perform Basic Knowledge: Various parts of the Racket and Grip (Shake Hand &amp; Pen Hold Grip). Stance: Alternate &amp; Parallel.</li></ul>
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'Outcomes' means the kind of knowledge and skill acquired by the students after learning the particular paper. 'Rows' may be added if various options are offered in a paper.

  
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